

Home assignment-2020

Class-IV

Science

Q1:: Write answers of the following questions.

1. What is balanced diet?

2. Name five types of nutrients?

3. Write different parts of a plant?

4. Why leaf is called the food factory of a plant?

5. What is photosynthesis?

Q2:: write two examples.

1) Two protein rich food _____ , _____

2) Two carbohydrates rich food _____ , _____

3) Two fats rich food _____ , _____

4) Two minerals rich food _____ , _____

5) Two vitamins rich food _____ , _____

Q3:: Think and answer::

1) Why do growing children need more proteins?

2) Why is roughage an important part of our life?

3) Why does a labourer need more carbohydrates rich diet?

Q4:: Names of some items are given in box. classify from where do we get these items.

Clothes	wood	plastic	vegetables	milk	
Perfumes	water	electricity	medicines		
Air	paper	vehicles	gum	tiles	sweets
Bottle	mirror	paints	TV	mobiles	mountain

Animals	plants	man-made	natural
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Q5:: write your diet plan during break and write the timing also.

Name of food	time
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