

## **Teacher Stress Management & Meditation at ORC**

**New Delhi, May 17, 2014:**All the Faculty Members attended a workshop cum meditation programme at the Om Retreat Centre in Manesar, Gurgaon. The centre is run by the Brahmakumaris, an organization that started in 1939. After listening to a discourse by the Head of the Brahmakumari organization, the Poorna Prajna Faculty underwent a meditation experience.

The experience had a calming effect and was certainly an experience that proved to be a stress buster.



## Intra Class Group Song Competition - Class II

**New Delhi, May 13, 2014:**The competition brought alive the musical talent of the students. The selection of songs was commendable. There was remarkable melody and rhythm in the songs the children sung. The competition ended with an amazingly sweet song sung by the Music Teacher, Ms. Seema, accompanying her on the drums was our Instrumentalist Shri Balaram, and the audience joined in. Participation Certificates were given to the participants.



## Book Fair

**New Delhi, May 16, 2014:** A Scholastic Book Fair provided a wonderful reading event for the students on Parent Teacher meet. Mobile bookcases packed with the very best books for pupils to help them develop a life-long love of reading were displayed. Students thronged in large numbers some browsed through the books while many bought books.



## Maths Kool Quiz

**New Delhi, May 15, 2014:** Class X conducted its Maths kool Quiz as part of its Intra class Competition. The finalists were selected after a Preliminary Round conducted earlier. All students were given an opportunity to compete. Participants performed with confidence.



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## Science Declamation

**New Delhi, May 15, 2014:** As part of Intra Class Competition Class IX conducted its Science Declamation on the Topic: "Renewable Energy". The finalists were selected on the basis of Content & speaking Skills. Participants spoke impressively & with great confidence.



## **Synergy spellathone quiz competition**

**New Delhi, May 13, 2014:** As part of Intra Class Competitions, Class VII conducted its English Spellathone. The finalists were selected after a Preliminary Round conducted earlier. It is pertinent to mention that participation in the Prelims was 100% as all students were given an opportunity to compete. Participants performed with confidence and great aplomb.



## Summer Pool Party for the Tiny Tots

**New Delhi, May 13, 2014:** The Pre Primary Children had a fun filled Summer Pool Party. They came in swimming costumes and played in the water getting respite from the soaring temperature around!



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## Eco - Club Workshop

**New Delhi, May 13, 2014:** A workshop was organized for the Class 7 & 8, members of the Eco Club. The topic was 'Water – A priceless commodity'.

Students were shown a presentation on the need to conserve water and how to use water and how to use it judiciously. This was followed by an interactive session wherein the

students participated enthusiastically. The event ended with presentations made by students and a competition on Poster making.

Certificates were given to the Best Speakers and Best Posters.



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## **COMMUNITY REACH PROGRAMME**

Reaching out –A Social responsibility!

Social responsibility is an important value to be inculcated among students in order to instill in them an attitude of service to humanity. "Community building must become the heart of any school improvement effort".

Through Community Reach Programmes the school involves the students of POORNA PRAJNA PUBLIC SCHOOL Vasant kunj in programs through which students get opportunities to interact with the community they live in, inculcate the social and cultural values necessary for success and survival in the contemporary society of today and build the concept of serving society.

**The message given by COMMUNITY OUTREACH PROGRAMME is:**

**“TO SERVE MANKIND IS TO SERVE GOD”**

**-Swami Vivekananda.**



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## **Mother's Day Celebration**

**New Delhi, May 9, 2014:** Mother's Day was celebrated by the tiny tots of the Pre - Primary. As a gesture of helping Mother - Students made Jam Sandwiches. A part of the sandwich was enjoyed by the students and a part carried home for their Mothers!





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### **Musical Ballad on “Angels of the Earth”**

**New Delhi, May 6, 2014:** The musical ballad was presented on “The Angels of the Earth”. The ballad aimed to focus on crime against girls. A very sensitive portrayal of a brave girl who faces abuse and the consequent social stigma attached but rises to the situation and seeks justice and punishment for the guilty. The ballad educated students, both boys & girls, to speak against crime, sexual harassment or abuse of any kind.



### **VISIT TO NIRMAL JYOTI by CRP**

**NEW DELHI MAY 3, 2014:** Twenty students of Class X visited an orphanage for mentally and physically challenged girls, NIRMAL JYOTI.

The students distributed biscuits and chocolates to the inmates besides donating essentials like sugar, tea etc. The visit was an enriching experience sensitizing the students towards the needs of the special and underprivileged children and making them aware of social responsibilities with an attitude of service to Humanity.



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### **Doha and Shloka Recital**

**New Delhi, May 3, 2014:** As part of the Intra School Activities, students of Middle School (VIII) participated in Doha and Sholka Vachan Pratiyogita. The activity, an Annual event gives students an opportunity to take pride in our rich Literature and encourages public speaking while stressing on pronunciation and expression. The competition was preceded by a selection round wherein all the students of Class VIII participated, after which the finalists were selected.





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### **Our Quizzing Society interacts with Quiz Master Shri Kunal Savarkar**

**New Delhi, May 3, 2014:** The Poorna Prajna Quiz Society had the good fortune of interacting with Shri Kunal Savarkar a renowned Quiz Master. The Quiz Master gave insights into strategies and techniques to be adopted that will ensure quick responses and make students good quizzers.

The Quiz Society comprises 30 students. They are:-  
Deshna(7A), Vaishnavi Shekhawat(7A), Pranjal Sharma(7A), Ishika Rathi(7A), Dhruv Goel(7B), Devabhiram Manik(7B), Ritika Yachna(7C), Shruti Sehrawat(7C), Samidha Mandal(7D), Harsh Kaushik(8B), Dheeraj Singh(8C), Srijan Singh(8C), Sahil Bisht(9A), Divyansh Singh(9A), Devang Meena(9A), Aman Dubey(9A), Ravi Sehrawat(9B), Sakshi

Singh(9B), Nitesh Roy(9B), Utkarsh Gaur(9B), Harsh Sharma(9B), Utkarsh Saurav(9C), Sandeep Sahoo(9C), Raunak Prakash(9C), Shrushti Gupta(10A), Sahil Malik(10A), Poorva Sharma(10B), Rupal Sehrawat(10B), Yashwardhan Singh(10B), Akashdeep Malik(10C)

